## **Security requirements Truck Drivers COVID-19**

## Clothing guidelines:

- 1. Long trousers
- 2. Safety shoes (no sandals)
- 3. Safety vest
- 4. Protective mask
- 5. Gloves

## General hygiene rules:

- 1. Avoid body contact, no shaking hands in greeting.
- 2. Hand washing several times a day. Carry disinfectants, water canisters, hand soap, paper towels for hand cleaning in the truck.
- 3. Keep your distance from people with symptoms of the coronavirus. General distance is two meters to other people.
- 4. Do not sneeze or cough into your hands, but into a disponsible tissue.
- 5. If you have symptoms of the coronavirus, inform your employer and consult a doctor.

## Behavior with the customer:

- 1. Before leaving the truck: desinfect your hands and put on a protective mask!
- 2. If your drivers are asked to only stay in a certain area, to take part in a fever test etc. we ask you to instruct your drivers to adhere to these regirements and instructions.
- 3. The exchange of ducuments should be contactless.
- 4. When unloading and loading at the warehouses, stay in the truck if possible and do not leave it.

